

**University of Montreal, Montreal**  
**Department of Obstetrics & Gynecology**

*Program Director: Dre Lynda Hudon*

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**What are you looking for specifically in an impressive candidate?**

We are looking for motivation, a great sense of teamwork, competitive academic file, and a sense of involvement in the field and towards patients.

**What can a potential candidate do now in order to be an appealing applicant to your program?**

Applying themselves during their rotations in order to get the most out of their training (they are encouraged to do electives not only in OB/GYN. Get involved in projects which show their capacity to work in a team and involvement (research, community involvement, personal initiatives/student life etc.). Prepare themselves to convince the selection committee that they are ready to get involved for the next 40 years in the provision of quality care in OB/GYN and to contribute to the expansion of the specialty.

**How is your residency program organized?**

- PGY-1                      Surgery Core Rotations  
Principles of Surgery Bootcamp 4 weeks  
Emergency Medicine, St-Jérôme Hospital, peripheral setting 4 weeks  
General Surgery, St-Jérôme Hospital 8 weeks  
Intensive Care Unit, Maisonneuve-Rosemont Hospital, HMR 4 weeks  
Specific to OB/GYN:  
Initiation to OB/GYN, CHU Sainte-Justine, CHUM 20 weeks  
Initiation to Ultrasound in Obstetrics
- PGY-2                      Initiation to Gynecological Surgery and pre/post-operative care, CHUM 8 weeks  
Core Gynecology, CHU Sainte-Justine 4 weeks + CHUM 8 weeks  
Core Obstetrics with High Risk Pregnancy Care, CHU Sainte-Justine 12 weeks + CHUM 4 weeks  
Ambulatory Care, CHUM 4 weeks  
Family planning, CHU Sainte-Justine 4 weeks  
Obstetrics/Night shift, CHU Sainte-Justine 4 weeks + CHUM 4 weeks

PGY-3	<p>Core Gynecology II, CHUM &amp; HMR 24 weeks</p> <p>Obstetrics/Night shift, CHU Sainte-Justine 4 weeks + CHUM 4 weeks</p> <p>Ultrasound, CHU Sainte-Justine 12 weeks (8 with MFM, 4 with radiology)</p> <p>Elective 4 weeks</p> <p>Colposcopy, CHUM 4 weeks</p>
PGY-4	<p>Obstetrics/night shift, CHU Sainte-Justine or CHUM 4 weeks</p> <p>Fertility, CHUM 12 weeks</p> <p>Oncology, CHUM 12 weeks</p> <p>Elective 4 weeks (depends on other rotations)</p> <p>Perinatology (MFM), CHU Sainte-Justine 12 weeks</p> <p>Community Gynecology, Chicoutimi or Trois-Rivières (large centres with daily OR) 12 weeks either as PGY-4 or PGY-5</p> <p>Urogynecology, CHUM 8 weeks</p>
PGY-5	<p>Obstetrics/night shift, CHU Sainte-Justine or CHUM 4 weeks</p> <p>Chief Resident, CHU Sainte-Justine, CHUM and HMR 32 weeks</p> <p>Elective 4 weeks (depends on other rotations)</p> <p>Royal College Study Time (Erudition) 4 weeks</p> <p>Community Gynecology 12 weeks</p>

### **What is your residency program's orientation and focus?**

Our program is organized in such a way that all the objectives set by CanMEDS can be met by residents and a solid training can be provided to both candidates who wish to do a general practice and to those who wish to pursue a subspecialty.

### **What is the availability of experiences in subspecialty areas during training?**

Most of the subspecialty rotations are done in PGY-4. Several specialty clinics are accessible (cardiology and infectious diseases during pregnancy). Several elective rotations are accessible (urogynecology, colposcopy, pediatric gynecology, medical genetics)

### **What is the typical day in the life of a resident?**

Rounds at 6:30 or 7:00 am on the patients hospitalised in his specialty. Sign-out at 7:00 am in the delivery room. Operating room or ambulatory clinics begin at 8:30 am. Transfer to the on-call team at around 6 p.m. Academic half day by staff and residents on Friday afternoon (1-4 p.m.)

### **Are there sufficient elective opportunities during training to explore your special interests?**

We have 4 weeks of elective rotations each year in PGY-3, PGY-4 and PGY-5.

### **What is the on-call schedule during each year of residency?**

Two months of night float per year as a junior resident (R1-3) and one month as a senior resident (R4-R5). Monday night to Thursday night (finishing Friday morning).

Weekends split into 15h night shifts (Friday, Sunday and Saturday from 17h-8h), and 8h day shift (Sunday and Saturday 8-17h). Post-call days are rigorously respected.

Usually, we cover one night and one weekend (day shift) per month.

### **What distinguishes your program from the other programs?**

Provided in French and allows residents to be greatly exposed to a diversity of common and rare pathologies. Research and teaching are at the forefront of our program.

### **What distinguishes your city from others?**

Montreal is the second largest city in Canada. The city is very cosmopolitan, bilingual, even multilingual, and offers a diversity of cultural, sport and social activities.

### **How competitive is it to get in, and then to succeed in your field?**

It is a very popular specialty. The number of applications (60-70) is higher than the number of available spots (5). Once a candidate is admitted to the program, everything is done to make sure that he/she succeeds well.

### **Is there active and/or required research in your residency program?**

The validation of research training is based on: the participation to the Initiation to Research course (8 three-hour workshops, each being organized on a two-year cycle and being integrated to the Friday half-day academic program); and the development of a research project.

For a list of the department researchers and their research interests, see <http://www.deptobsgyn.umontreal.ca/recherche/chercheurs.htm>

### **What local, national of international conferences would benefit candidates interested in your residency program?**

The AOGQ and SOGC annual meetings offer opportunities to get acquainted with hot topics in obstetrics-gynecology in Quebec and in Canada, while networking with physicians and residents.

### **Where can we look for more information?**

Secretary to the Program Director: Sandra Charland, [Sandra.charland@ssss.gouv.qc.ca](mailto:Sandra.charland@ssss.gouv.qc.ca)

Website: <http://www.deptobsgyn.umontreal.ca/>

[http://www-1ercycle.med.umontreal.ca/MedWeb/1er\\_cycle/externat/stagesoption/form\\_stageOpt.pdf](http://www-1ercycle.med.umontreal.ca/MedWeb/1er_cycle/externat/stagesoption/form_stageOpt.pdf)

**Specifically, is there a list of residents whom we can call or email?**

Justine Robillard, [justine.robillard@umontreal.ca](mailto:justine.robillard@umontreal.ca)

Carol-Anne Vallée, [carole-anne.vallee@umontreal.ca](mailto:carole-anne.vallee@umontreal.ca)

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