

Presidents Message James Bentley, MD



In my first presidents message (fall 2007) I outlined the prime aim of the society to provide quality education in all realms pertinent to a good colposcopist. In an attempt to look at this and other issues your Executive held a retreat in November.

No this was not at some fancy spa hotel in the Laurentians but at an airport hotel in Toronto! We reviewed the role of the Society and colposcopy; and developed a new mission statement and a vision. The adopted mission is:

To advocate and promote the highest quality of care in the prevention, education and research, detection and treatment of benign and pre-malignant abnormalities of the lower genital tract.

This combines with our vision of: All women in Canada should have equitable access to comprehensive programs for the prevention of lower genital tract malignancy

To this end we will strive to increase our education sessions across the country. We have added the Banff SOGC to our agenda and this year we will be presenting a session at the Atlantic Society of Obstetrics and Gynecology

in St Johns NL. Hopefully we will have the opportunity to add the Quebec CME in October to the educational opportunities.

We are also working on some referral and colposcopic management guidelines to help you manage patients in the Canadian context.

The education sessions continue to be well received. At the recent Ontario CME held in late November we once again held a SCC concurrent session. Nearly 50 people were in attendance as Dr Bertrand discussed the new ASCCP management guidelines. This was followed by Dr Patti Power revealing the pros and cons of LEEP and cone biopsy. We finished with a presentation outlining the colposcopic features of low grade dysplasia and how to differentiate them from more worrisome features. The feedback received for the session was most positive.

On April 19th Dr Bertrand has enlisted the world class help of Dr Michael Shier and Dr Cecil Wright for a short SCC session at the SOGC, 4th Gynaecology Ontario CME. They will be going "back to basics" and discussing the pros and cons of cryotherapy, laser and LEEP. This is in addition to the usual cases. I'm sure this will be both informative and entertaining!

WE hope you can join us at one of these educational updates or at our annual meeting in Calgary.

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The Society of Canadian Colposcopists acknowledges and thanks the Society of Obstetricians and Gynaecologists of Canada for its continuing financial support of the Society for Secretariat services and other support essential to our success.

HPV Update Spring 2008

By Jim Bentley, MD

We are now nearly two years into having Gardasil available and already widespread changes have been made in the prevention of cervical cancer. By this fall most Canadian provinces will have school-based vaccination programs in place. The developing challenges are to attain good vaccine coverage. The initial reports show that in P.E.I., Nova Scotia and Newfoundland and

Labrador about 80% of eligible girls have been vaccinated. This is in sharp contrast to Ontario where the uptake is reported at only 53%. This has led to increased public education aimed at improving confidence in the vaccine. Obviously a higher uptake will improve the benefits not

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Introducing our Guest Speaker

Dr. Mark Spitzer's Bio

Dr. Mark Spitzer is Chairman of the Department of Obstetrics and Gynecology at Brookdale University Hospital and Medical Center and Clinical Professor of Obstetrics and Gynecology at Weill Medical College of Cornell University.

Dr. Spitzer is a recognized educator and thought leader in the field of colposcopy and lower genital tract disease. He has held numerous leadership positions in the American Society for Colposcopy and Cervical Pathology (ASCCP) and has been on their Board of Directors since 1994. He is currently the President of the ASCCP.

Dr. Spitzer graduated from the Albert Einstein College of Medicine in 1979

and did his residency in Obstetrics and Gynecology at the Albert Einstein College of Medicine. Dr. Spitzer has been involved with the development of many educational resources in the field of colposcopy. He is co-editor of a book *Colposcopy Principles and Practice: An Integrated Textbook and Atlas*, and he has authored many textbook chapters, original reports in the peer-reviewed literature and review articles. He has developed many other educational materials on behalf of the ASCCP and the American College of Obstetricians and Gynecologists (ACOG). Dr. Spitzer serves as an Editor for the *Journal of Lower Genital Tract Diseases* and is an editorial reviewer for many prestigious journals.



SCC Post Graduate Course Calgary, June 26, 2008

Betsy Brydon, MD

The programme this year will have a bit of the old and a bit of the new. From the "new" perspective!

We are most delighted to have Dr. Mark Spitzer join us to discuss the new ASCCP guidelines. Dr. Jim Bentley, president of the Canadian Colposcopy Society, will then review these new guidelines from a Canadian perspective. We are hoping for some thoughtful and lively discussion about what these new changes will mean for each of us in our practices. Dr. Jill Nation from Calgary will present an organized and thoughtful presentation on management of the low grade lesions found on Pap smear. Then, Drs. Mark Spitzer, Jim Bentley, and Jill Nation will review some colposcopy recognition slides to keep our eyes and minds sharp. We will review some recently

submitted abstracts pertaining to colposcopy. We are sure that this will generate some good discussion as we look to the future.

In the afternoon, Dr. Spitzer will be presenting a talk: "Failing Adolescents" Are there better alternatives in managing the adolescent with dysplasia? We will also have talks on the usefulness of HPV typing for the Colposcopists, and on the role of the HPV vaccine in the colposcopy clinic. Then Drs. Alex Schepansky from Edmonton and Chris Giede from Saskatoon will challenge us on the management of glandular lesions through some real life case reviews.

At the end of the day we will be joined by the Gynecologic Oncologists of Canada to discuss further the man-

agement of adenocarcinoma in situ and early adenocarcinoma - is this a micro invasive cancer that can have conservative management?

The business meeting will be held before lunch to let you have time to refresh yourselves before the afternoon session. We are delighted to be able to continue our tradition for a wonderful door prize for one lucky registrant. We hope to see you in Calgary!

P.S. If you have any clinical questions or photographs of unusual cases that you wish discussed please forward them to jscrivener@sogc.com

Registration for the ACM is now available at:

http://www.sogc.org/acm2008/english/registration_e.aspx

SCC Executive

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SCC News

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The Society of Canadian Colposcopists Postgraduate Course 1 – Colposcopy Update: June 26, 2008 - 08:30–16:30

Learning objectives – at the end of the session, the participant will:

1. Better understand the new ASCCP Management Guidelines
2. Better treat the adolescent patient
3. Triage Low Grade Lesions
4. Understand the role of HPV vaccination in the clinic

08:30–10:00 Session I – Moderator: Betsy Brydon, MD

08:30–08:40	Welcome and introduction Speaker: Betsy Brydon, MD, SCC Program Education Chair
08:40–09:05	New ASCCP Management Guidelines Dr. Mark Spitzer, MD
09:05–09:35	Canadian Perspectives Dr. Jim Bentley, MD
09:35–10:00	Issues of Management/Questions: Panel Drs. Mark Spitzer and Jim Bentley

10:00–10:30 Break

10:30–11:20 Session II – Moderator: Monique Bertrand, MD

10:30–11:00	Triage of LSIL Dr. Jill Nation
11:00–11:20	Colposcopy (Touchpad session) Drs. Jill Nation, Jim Bentley and Mark Spitzer

11:30–12:00 SCC Annual Business Meeting Members of the Society of Canadian Colposcopists are requested to attend.

12:00–13:00 Lunch

13:00–15:00 Session III – Moderator: Dr. James Bentley, MD

13:00–13:30	Abstract Presentations Dr. Jim Bentley, MD
13:30–14:00	Failing adolescents Dr. Mark Spitzer
14:00–14:30	HPV Testing: Is it useful TBD
14:30–15:20	Glandular Lesions: Management and Case Studies Drs. Alex Schepansky and Chris Giede
15:20–15:30	Draw for door prize

15:30–16:00 Break

16:00–17:30 SCC/GOC/SOGC SYMPOSIUM

16:30–17:00	AIS Management Dr. Chu
17:00–17:30	Early Adenocarcinoma Management Dr. Jason Dodge

HPV Update Spring 2008 (continued from page 1)

only to those vaccinated but also to others by providing a degree of herd immunity.

It was anticipated that GSK's bivalent vaccine Cervarix would be available by now; this has yet to be approved by either the FDA or Health Canada. The benefits of this vaccine were shown in a recent paper presented at the Society of Gynecologic Oncologists meeting in Tampa, FL. 776 women followed for up to 6.4 years had 100% efficacy against HPV 16/18 associated CIN 1+ and CIN2+. It was also noted that antibody titres remained at high levels. This group of women mimics the younger women in school-based programs, as they were negative for these HPV types when vaccinated.

If we accept that the vaccines are protective in HPV naïve women for up to 6.4 years what about women

who may have been exposed previously? Both major vaccines are being studied in the 25 year old and above age group. Thus far the data had only been presented by Merck. In the Future III study 3800 women were randomized to either vaccine or placebo and then have been followed for 48 months. The vaccine generated good antibody levels which have translated to 91% efficacy in preventing disease related to HPV 6/11/16/18. There was a 94% reduction in abnormal paps but the majority of these were in the LSIL and ASCUS categories. What has not been presented thus far is the effect on dysplasia and treatment for cervical dysplasia, with that information we may be able to know how likely a woman is to benefit from HPV vaccination in this age group. The information we have suggests that the true benefit is for women to be vaccinated before they have encountered these viruses.

Calendar of Events

64th SOGC Annual Clinical Meeting
Calgary, Alberta
June 25-29, 2008

20^e FMC du Québec
Mont Tremblant, Québec
(Fairmont Tremblant)
October 2-4, 2008

IFCPC 13th World Congress of Cervical Pathology and Colposcopy
New Zealand
October 19-23, 2008

4^e FMC du Québec en OBS
Montréal, Québec
(Fairmont Le Reine Elizabeth)
November 13-14, 2008

27th Ontario CME
Toronto, ON (Marriott
Downtown Eaton Center)
December 4-6, 2008



Colposcopy CD-ROMs Accredited by SOGC Available through the Society of Canadian Colposcopists

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- **100 Case Colposcopy Challenge: Cervix, Vagina and Vulva** including more than 150 images in a Powerpoint® presentation. One credit rating per hour to a maximum of four hours.
- **Understanding Cervical Colposcopy** by analysis of 240 colpophotographs in a Powerpoint® presentation. One credit rating per hour to a maximum of three hours.
- **Interpreting Blood Vessel Patterns in Colposcopy** by analysis of 92 true colpophotographs in a Powerpoint® presentation. One credit rating per hour to a maximum of two hours.
- **Carbon Dioxide Laser Surgery for Lower Genital Tract Disease** with 246 frames including schematics, text, colpo- and macrophotographs in a Powerpoint® presentation. One credit rating per hour to a maximum of four hours.
- **Essentials of Colposcopic Interpretation: Cervix, Vagina and Vulva** – including 723 high quality descriptive images (642 true colpophotographs, 14 photos, 17 cytology, 30 histology, 20 schematics) in Powerpoint® presentation. One credit rating per hour to a maximum of four hours
- **Diseases and Abnormalities of the Vulva, Vagina and Adjacent Sites** - This CD contains 597 frames (416 high quality illustrative images - no cervigrams) in many cases with supportive histology in a Powerpoint presentation. ®

BOOKS

- **Basic and Advanced Colposcopy: Part One – A Practical Handbook for Diagnosis (2nd edition).** Wright VC, Lickrish GM, Shier RM (editors) Biomedical Communications, Houston, 1995. Cost – SCC Members \$35; Non-SCC Members is \$38 (plus taxes and shipping costs).
- **Basic and Advanced Colposcopy: Part Two – A Practical Handbook for Treatment (2nd edition).** Wright VC, Lickrish GM, Shier RM (editors) Biomedical Communications, Houston, 1995. Cost – SCC Members \$25; Non-SCC Members is \$28 (plus taxes and shipping costs).

To order, go to www.sogc.org/scc/english/education/index.asp, or call the Secretariat Office at 613-730-4192 ext. 320/1-800-561-2416 ext. 320.