

H1N1: Recommendations in Pregnancy

The Executive Committee of the Society of Obstetricians and Gynaecologists of Canada adopted the following motions regarding H1N1 and pregnancy during the September 4th 2009 meeting held in Ottawa.

SOGC Members should:

- 1- Promote the yearly influenza vaccine to all pregnant women.
- 2- Inform, counsel, and promote to all pregnant women the availability and benefits of H1N1 vaccination.
- 3- Inform pregnant women of the risks, signs, symptoms, severity and management of a possible H1N1 infection.
- 4- Provide pregnant women with a prescription for Tamiflu® (75mg bid for 5 days) during their antenatal visit, to be used when a suspected H1N1 infection occurs.
- 5- Inform all pregnant women of the benefits and risks associated with the use of Tamiflu®, and its follow-up, such as the side effects, when to use the medication, and in case of serious respiratory difficulties to report to the nearest hospital.
- 6- Be aware that Tamiflu® should NOT be used as a prophylaxis drug.