

# 23<sup>RD</sup> INTERNATIONAL CME

March 8–12, 2010 — Paradisus Playa Conchal Resort, Costa Rica

Costa Rica caters to all interests and passions, particularly those in ecotourism, water sports, adventure and relaxation. The visitor can enjoy lovely tropical beaches, the grandest adventures, the wonders of nature, and scintillating culture, all the necessary components of an ideal vacation. No wonder, then, that thousands of tourists have made Costa Rica their top travel choice.

## Top 5 most popular things to do in Costa Rica

- **Canopy Tours** - Whether it's a zip-line thrill ride, gondola, or naturalist educational trip through the treetops, you'll never be too far from one of the nearly 50 locations.
- **Bird Watching** - Costa Rica's Avifauna is some of the most diverse in the world attracting plenty of serious bird watchers and qualified guides. You can't help but notice the remarkable colors, calls and plumage even if you are a novice.
- **Volcano Watching** - Arenal is the premier destination with its lava flows, fire belching, and rolling smoking boulders. (Note: Full Day Trip required)
- **Waterfalls** - Rainforests, mountains, and canyons add up to countless waterfalls.
- **Art & Artisans** - From the traditional Costa Rican artisans in Guaitil who hand throw Chorotega pottery while you watch, to the wood carvers of Sarchí who transform rainforest hardwoods into every imaginable shape, you will find many unique items here.

## What you need to know about the resort

- All Inclusive, five star resort
- Deluxe Garden View Junior Suite with option to upgrade to Royal Service (at additional fee)
- 8 Restaurants, 5 Bars, 2 pools, Fitness Centre
- Children and Family's are welcome with options for Special Family Concierge Suites (at additional fee)
- Non motorized Water sports are included in the pricing (kayaking, snorkeling, etc.)
- On-site canopy tour (1 line), Tennis, Volleyball, Aerobics, Aquacize, Yoga, Pilates, Daily Activities, Nightly Entertainment, Dance Lessons, Cooking Lessons, Disco, etc.

## How you will get there

2 Direct Flights from Toronto to Liberia on March 6, 2010; 45 minutes from Liberia airport to the Resort. Add-on flights from major Canadian cities are available.

## Scientific program

This conference has been formatted in a way to ensure you have time to both receive a comprehensive update on the issues faced in obstetrics and gynaecology and it's sub-specialties, as well as enjoy the sights and sounds of Costa Rica. Updates on the scientific program will be available online shortly at [www.sogc.org](http://www.sogc.org).

## Credit designation

This programme is approved, under section 1, as an accredited group learning activity for the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. Other credits: pending accreditation approval.

## Travel, hotel reservations and pricing

For information on this All Inclusive Resort, Pricing, and Reservations please contact Carlson Wagonlit Travel, Tanya Bellavance at 1-800-465-4040 Ext. 2236 or [tbellavance@carlsonwagonlit.com](mailto:tbellavance@carlsonwagonlit.com).



THIS CME PROGRAM IS OFFERED IN ENGLISH.

